

Ingredients:

120gm (4.2oz) of Asian Meals Sambal Tumis sauce

300gm rice noodles, pre-blanched

40gm prawns, cleaned and deveined

40gm chicken meat, sliced

30gm bean sprouts

1 medium red chilli, cut into strips

Garnishing: fried shallots and strips of plain omelet

Cooking Method:

- 1. Preheat wok and add in Asian Meals Sambal Tumis sauce.
- 2. At high heat, add chicken and prawns, stir fry for 2 minutes.
- 3. Add in rice noodles and vegetables, stir fry for a further 3 minutes, garnish to serve.

Chef tips:

Rice noodles can be replaced with pasta, best with angel hair pasta.

