



## **Black Pepper Chicken Chop** (serves 3~4 pax)

### ***Ingredients:***

- 120gm (4.2oz) of Asian Meals Black Pepper sauce
- 360gm deboned chicken thigh, lightly marinated with salt and pepper
- 150gm fries, deep fried
- 50gm mixed vegetables of corns, carrots and peas, sauteed and lightly seasoned with salt

### ***Cooking Method:***

1. Preheat pan, sear chicken until tender and cooked.
2. Plate up the chicken with vegetables and fries.
3. In a small pot, dilute Asian Meals Black Pepper sauce with equal parts of stock or water, and bring to boil.
4. Pour the hot black pepper sauce over the chicken to serve.

### ***Chef tips:***

Asian Meals Black Pepper sauce can be used to stir fry beef, chicken or seafood.

