Chicken Varuval (serves 3 – 4 pax)

Ingredients:

120gm of Asian Meals Meat Curry paste 400gm of chicken, cut into serving sizes 1 big onion, sliced

2 small tomatoes, quartered

1 sprig curry leaves

Cooking Method:

- 1. Sauté chicken meat with Asian Meals Meat Curry paste in a wok with onions.
- 2. Cover and simmer for 5 minutes or until meat is cooked.
- 3. Add 120ml of water, mix well.
- 4. Add in the tomatoes and curry leaves to stir fry until dry. Ready to serve.

Chef tips:

A little yogurt may be added if you prefer a richer curry. Asian Meals Meat Curry paste is suitable for all type of red meat or poultry.

