

Ingredients:

120gm of Asian Meals Assam Pedas paste

400gm fish fillet, lightly marinated with salt and pepper

1 medium sized tomato, cut into wedges

30gm long beans, cut into 1-inch lengths

1 small onion, cut into wedges

10gm fresh cilantro

Cooking Method:

- Steam the fish fillets for 3 minutes, then pour Asian Meals Assam Pedas paste onto the fish and add vegetables.
- 2. Steam for another 2~3 minutes or until the vegetables are cooked.
- 3. Ready to serve, best eaten with steamed white rice.

Chef tips:

Asian Meals Assam Pedas paste also can be used with other kinds of seafood like prawns, squids and clams.

