



Black Pepper Udon

3 servings

Ingredients:

- 1 packet (3.5oz/100g), **AsianMeals® Black Pepper Sauce**
- 200g udon noodles
- 50g chicken meat, boneless, sliced
- 30g red capsicum, cut into strips
- 30g green capsicum, cut into strips
- 30g french beans, cut into slices

Method:

- 1) Preheat wok then add in **AsianMeals® Black pepper Sauce**
- 2) Add chicken and stir fry for 2 minutes
- 3) Lower heat to medium, add vegetables, mix well and cover for 2 minutes
- 4) Add noodles, stir fry for a further 2 minutes and serve

Chef's Tips:

Other ingredients like prawns, squid and onions may also be added to this noodle dish

