



Stir Fried Black Pepper Beef

3-4 servings

Ingredients:

- 1 packet (3.5oz/100g) **AsianMeals® Black Pepper Sauce**
- 250g beef, cut into thin slices
- 1 medium onion, cut into slices
- 30g green capsicum, cut into slices
- 30g red capsicum, cut into Slices

Method:

- 1) Preheat wok then add in **AsianMeals® Black Pepper Sauce**
- 2) At high heat add in beef, stir fry for 2-3 minutes
- 3) Add in the onions and capsicum and stir fry for a further 2 minutes then serve

Chef's Tips:

AsianMeals® Black Pepper Sauce can be used on steaks, burgers, sandwiches, chicken chops, as a pizza topping and to stir fry Asian dishes. Try to choose the best cut of beef for stir fry, such as tenderloin or sirloin, avoid topside

