

COOKING METHOD / CARA MEMASAK / 烹煮方式



Empty packet of soup concentrate into a pot. Add 7 times water.

Tuangkan sos dari pakatnya ke dalam periuk. Tambah 7 kali ganda air.

将包装的浓缩汤料倒入锅中，加入7倍的水量。



15 min

Add 500 g of meat into soup mixture and bring to boil.

Masukkan 500g daging ke dalam campuran sup dan biarkan mendidih.

加入500克肉进汤中并煮沸。

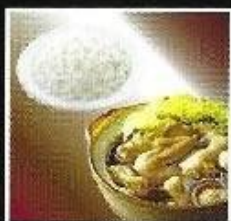


30 min

Adjust heat to low and simmer for 30 minutes or until meat is tender.

Kecilkan api dan reneh selama 30 minit sehingga daging empuk.

煮沸之后转小火焖30分钟或直到肉变得软嫩。



Serve hot with rice.

Hidangkan segera bersama nasi.

盛出，与米饭一起搭配食用。

SUGGESTED RECIPE (Serves 2-3)

- 1 pack **Asianmeals®** Best Known Traditional Soup Concentrate
- 500g Meat, cut into bite sizes

CADANGAN RESIPI (Sajian untuk 2-3 orang)

- 1 pek *Sup Herba Tradisional Terkenal Malaysia* **Asianmeals®**
- 500g *Daging, dipotong*

建议食谱 (2-3人份量)

- 1包 **Asianmeals®** 著名经典老汤
- 500克 肉



Cooking Video

Maklumat Pemakanan/ Nutrition Information

Saiz Hidangan / Serving Size: 100g

Tenaga / Energy	100kcal (1058kJ)
Jumlah Lemak / Total Fat	0.1g
Karbohidrat / Carbohydrate	23.7g
Protein / Protein	1.9g

INGREDIENTS

Water, Garlic, Soya sauce, Rock sugar, Chicken seasoning, Mixed herbs (Radix Angelicae Sinesis, Fructus Lycii, Radix Ligustici Chuanxiong, Radix Panacis Quinquefolii, Radix Codonopsis Pilosulae, Radix Rehmanniae, Radix Glycyrrhizae Uralensis, Radix Polygonati Officinalis, Radix Angelicae Sinesis), Salt, Modified corn starch, White pepper, Cinnamon, Lactic acid, Star anise.

RAMUAN

Air, Bawang putih, Kicap cair, Gula batu, Perasa ayam, Herba campuran (Radix Angelicae Sinesis, Fructus Lycii, Radix Ligustici Chuanxiong, Radix Panacis Quinquefolii, Radix Codonopsis Pilosulae, Radix Rehmanniae, Radix Glycyrrhizae Uralensis, Radix Polygonati Officinalis, Radix Angelicae Sinesis), Garam, Kanji jagung diubahsuai, Lada putih, Kayu manis, Asid laktik, Bunga lawang.

成分

水, 大蒜, 酱油, 岩糖, 鸡肉调味料, 混合草药 (当归, 齐子, 川弓, 洋参须, 党参, 熟地, 甘草, 玉竹), 盐, 改性玉米淀粉, 白胡椒, 肉桂, 乳酸, 八角。

STORING INSTRUCTION

Store in a cool dry place. Refrigerate after opening. Do not consume if pouch is bloated or leaking.

CARA MENYIMPAN

Simpan di tempat yang kering / dingin. Selepas dibuka, simpan di dalam peti sejuk. Jangan makan sekiranya kantung didapati kembung atau bocor.

存放指示

存放在阴凉干燥处。打开后冷藏。如果袋膨胀或漏出，不要食用。

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Best before / Baik sebelum / 此日期前最佳
(dd/mm/yyyy 日/月/年)